

Adam Skipper, DO

Neuroscience and Spine Associates - OrthoCollier Quick Care: 7273 Vanderbilt Beach Rd, Naples, FL, 34119 | 239-312-7878

Education

ASMI / Andrews Orthopedics - Primary Care Sports Medicine Fellowship - Birmingham, AL (8/2021-7/2022)

Head Team Physician - Hueytown High School

Primary Care Fellow - Troy University

Bayfront Health Family Medicine Residency - St. Petersburg, FL (7/2018-6/2021)

Co-Director and Lead Presenter of 2021 Wilderness Medicine Elective

Summit Award for Outstanding Curriculum Development

Areas of Concentration: Sports Medicine, Pediatrics, Wilderness Medicine

Lake Erie College of Osteopathic Medicine - Bradenton, FL (7/2014-6/2018)

President of Orthopedics and Sports Medicine Club (2015-16)

Lake Erie College of Osteopathic Medicine - Erie, PA (9/2013-4/2014)

Post Baccalaureate Certificate in Medical Sciences

Virginia Tech - Blacksburg, VA (8/2009-5/2013)

Bachelor of Science: Human Nutrition, Foods, and Exercise

Varsity Swimmer (2009-13)

Employment

Neuroscience and Spine Associates - Sports Medicine Physician - Naples, FL (1/2024-Present)

GoHealth Urgent Care - Attending Physician - Wilmington, DE (9/2022-1/2024)

Poster Presentations

Skipper, A., Colberg, R., Ultrasound Evaluation of a Swimmer with Complex Hip Pain,, American Medical Society For Sports Medicine National Conference. April 12, 2022

Skipper, A., Rodriguez C., Uncovering a Concerning Origin of Hip Pain, American Medical Society For Sports Medicine National Virtual Conference. April 28, 2020

Henne, M., **Skipper, A.**, Garduno, A., Common Collision, Uncommon Dizziness, Florida Academy of Family Physicians Virtual Spring Forum. April 3, 2020

Podium Presentations

"Orthopedic Management in the Urgent Care Setting"

2023 Monthly Lecture Series - GoHealth Morning Conference

"The Female Athlete". ASMI Sports Medicine Conference, 8/2021

"Heat Related Illness in the Athlete". ASMI Sports Medicine Conference, 8/2021

"The Pediatric Skeleton and Clavicular Fractures". Skipper, A., Dhani, R., Grand Rounds at Bayfront, 5/2021

Bayfront Wilderness Medicine Elective, 4/2021

"ABC's of Wilderness Medicine"

"Heat Illness"

"Blister Pathogenesis and Management"

"Pediatric Considerations in Wilderness Medicine"

"ENT and Dental Wilderness Medicine"

"Ankle Injury Prevention". Journal Club at Bayfront FM Noon Conference, 3/2021

"Osteopathic Manipulative Medicine and Family Medicine". Bayfront FM Noon Conference, 4/2019

Sports Medicine Experience

Fellowship Coverage

Troy University - Primary Care Fellow (2021-22)
Troy University Football - Sideline Coverage (2021 Season)
Hueytown HS Football - Primary Team Physician and Sideline Coverage (2021-22)
Birmingham Southern Basketball M/W - Team Physician (2021-22)
Samford Basketball M - Team Physician (2021-22)
2022 World Games, Birmingham, AL - Assistant Medical Director (40-50 hours across 8 sports)
Vulcan 10k Road Race, Birmingham, AL - Head Physician (2021)
Birmingham Barons Baseball - Sideline Coverage (2021-22 Seasons, 5 games)
Alabama High School Preparticipation Physicals (2021-22 Mass Physicals for 20+schools)
Alabama Ballet Preparticipation Physicals (2021)

Residency Coverage

Tampa Bay Cannons Ultimate Frisbee - Sideline Coverage (2021 Season, 1 game)
Boca Ciega HS Football - Primary Team Physician and Sideline Coverage (2019 and 2020 seasons)
Eckerd College Preparticipation Physicals (2019)
Junior Lightning Physicals (2018 and 2019)
Clearwater Central Catholic HS Football - Primary Team Physician and Sideline Coverage (2018 season)
Lakewood High School Preparticipation Physicals (2018)

Student Coverage

Christopher Newport University Football Preparticipation Physicals (2017)
Ridgeview HS Football - Sideline Coverage (2016-17 Seasons, 4 games)
Sarasota Half Marathon - Medical Tent Volunteer (2016)
Booker HS Football - Sideline Coverage (2015 Season, 3 games)
Booker HS Preparticipation Physicals (2015)
Lakewood Ranch HS Football - Sideline Coverage (2015)

Certifications, Licensure and Memberships

American Board of Family Medicine Diplomate (Initial 2021)
Certificate of Added Qualification in Sports Medicine (Initial 2022)
Florida Osteopathic License OS16933 (Initial 2020)
ACLS, BLS, PALS Certified
American Medical Society for Sports Medicine: 2018-Present
American Academy of Family Physicians: 2017-Present

Personal Interests and Awards

Triathlons, Golf, Hiking
Eagle Scout Award, BSA Troop 94 - Yorktown, VA (June 2009)